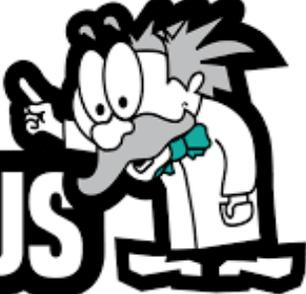


JUNIOR CAMPUS



This term after school activities such as **Karate, Ballet, Swimming Club, Art Club and Reading Club**, were introduced at the Junior School.

“Karate is a way of humanity, it begins and ends with respect and courtesy. We are always in pursuit of excellence, not just in the training hall but at life itself. In karate we are taught and trained to respect one another, to treat people in the way we would want them to treat us, most of times we are to respect ourselves in our actions. Through karate training we have constant challenges, it may be a new technique, your next belt, a new kata (series of techniques) and different opponents in tournaments. It may also be the different moves that you learned for your fighting techniques and self-defense aspect of your martial arts. There are constant challenges and then you must keep your body in shape, you may have aching knees and hips. You might get injured, you get tired way more than you ever thought you could. All these things lead to the constant challenges that may constantly try and test us. Through karate focus and practice we are genuinely trying to overcome challenges and barriers to our success. This is just like everyday life. Therefore karate training can be directly applied to everyday life, whether it's at school, at home and even at a place of work. These kids are not in the karate club to learn how to fight. They are there to be equipped with life lessons that may not be taught at home, they will learn and exercise respect at all cost, moral conduct of every practitioner is checked by the instructor and everyone is forced to adhere to the dojo etiquette and discipline. All in all, karate makes you a better person than you thought you were. There is always a better version of you waiting on the other side, the secret is time.....OSU!!”
Innocent “Sensei) Ntalika - Karate Instructor



“We offer students a unique and nurturing environment to fall in love with dance. We cultivate our student's passion for dance and build creativity, confidence and leadership skills.” **Yamikani Matupa – Tweekies Ballet Instructor**





“The ability to swim is a very important part of a child development, not only for the enjoyment that it brings, but to ensure their safety in and around water. The swimming course is designed to coach beginners, intermediate and advanced swimmers. The coaching method is one of reassuring, repetition and encouragement thereby eliminating the intimidating effect of not knowing how to swim. The aim is to coach children to swim and to develop a confidence and love for the water. With the Junior Campus swimmers my main aim is to provide a safe environment where the children can develop water skills and confidence that will see them strive to attain goals set. The child’s confidence grows with each exercise and lesson as well as peer encouragement as they progress through the stages to become competent competitive swimmers”.

Mr. Barry Waters - Junior Campus Swimming Instructor



“The aim of Arts and crafts club at MSIS is for the students to learn to be creative and to have fun. The objectives of this club are for the students to gain understanding, knowledge and practical hands on experiences of the many creative subjects. It’s getting more and more exciting every week and students are getting more and more confident with their Art and craft skills. Art is very good for their mental development and craft is important for their motor skills development”. **Mrs. Vaishali Patel - Arts and Crafts Club Patron**



Art Club



“Reading Club is a fun, yet educational space. Here we concentrate on learning to read fluently and to read with comprehension. We also help beginner readers with learning to blend words and to read short sentences. Reading club is a relaxed atmosphere where each child learns to read at their own pace”.

Teacher Leigh - Reading club





SPORTS DAY

Sports is one of the ways in which we can cultivate a spirit of determination, discipline and team work in our Students. On Friday 4th November 2022, the Junior School held our annual sports day with the Cheetahs, Panthers, Leopards and Pumas all vying for the top sporting position!

The Events started off with a march past of the School House colours and thereafter the exciting sporting events such as the sack race, potato and spoon race, tug of war and relay racing took place.





We would like to thank the Sports Department and Junior School Teachers for the well organized and enjoyable day! A big thank you also goes to our Parents and Guardians for showing up in large numbers to support your wards! Congratulations to the CHEETAH HOUSE who won the day!





Santa Claus
IS COMING TO TOWN



As part of our end of Term program and Christmas celebrations we invited Santa Claus to visit our young ones at the Junior Campus on Tuesday 6th December 2022!



Reception Class



Year One Tigers



Year One Panthers

Santa Claus arrived in style on his beautiful sleigh bearing gifts for all of the children who have been nice to their Parents, Teachers and friends all year long!



Year Two Butterflies



Year Two Kingfishers



Year Three Swallows





Year Three Penguins



Junior School Teaching Staff and Santa Claus



Santa Claus and his slay

As part of the end of School activities the Junior School students participated in different arts and craft activities to celebrate Christmas and enjoyed class parties with their Friends and Teachers.



MERRY CHRISTMAS



One big highlight of the Term was the Family fun day which was organized by our MSIS Fundraising Committee. The fun day was held on the 22nd October 2022 at Mount Sinai International School Senior Campus grounds.

The Events committee comprising of Year 9, 10, and 11 Students were instrumental in putting forward ideas and arranging the success of the day. A special thank you must go to the following students who were very active members of the Committee:

- Erica Mapemba (Year 11)
- Kelsey May Waters (Year 11)
- Lindiwe Mlombwa (Year 11)

A giant jumping castle and a variety of games and sports were available for children to play and they had an opportunity to win awesome prizes!



There were also different food stalls available which sold a large selection of delicious foods for everyone to enjoy!



Stalls selling a variety of items such as toys, clothing and jewelry were available for Parents and students to buy the beautiful items.



The patrons of the committee at the time of the event taking place were Mrs. Waters, Mrs. Shimpi and Mr. Bwanali. Mrs. Waters oversaw the students and the success of their ideas and Mrs. Shimpi painted the beautiful decorations on the games for our game stall. Ms. Coral oversaw the general running of the day and was instrumental in the guidance process of the patrons and students leading up to the event



Fundraising Committee Patrons

In addition to the fun day, the events committee also ran a raffle competition. Tickets were sold at MK2, 000 per line for shopping vouchers to the value of MK 100, 000 for Sana stores, MK 2,000 per line for shopping vouchers to the value of MK 100, 000 for Chipiku stores and MK1, 000 per line for a manicure which was generously donated by our MSIS Parent Dr. Mapemba. The raffle draw took place on Friday 28th November and the winners were as follows:



Chikondi Mzungu – Manicure winner!



Mrs. Khumbo Makwalo (Chipiku shopping vouchers).



Mrs. T. Coombes (Sana shopping vouchers)



Special School Assemblies took place at the Junior and Senior Campus to recognize and congratulate the students that sold the most raffle tickets!



We would like to thank our MSIS Community for all of your support. The Fun Day raised **MK4, 000,000.00 (FOUR MILLION KWACHA)** which will go towards renovating the School Library!





First Aid & Safety Practices

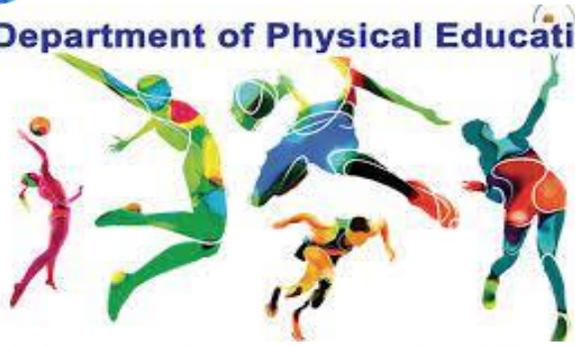
A new and exciting First Aid and Safety practices Club was introduced at the Senior Campus this term.

“We at the first aid club have been focusing on the personal attributes that are essential for a first aider. Competence and confidence is what helps a first aider in reassuring people in emergency situations. The students have been learning first aid introductory modules along with basic practical skills of CPR, Choking and emergency preparedness”. **M. Zubair - First Aid Instructor**





Department of Physical Education



With the start of the new academic Year 2022-2023 the Lilongwe Schools Sports Organization decided to bring up a soccer festival. The main aim of the Festival was to commemorate the return of full time sports after the devastating Covid 19 pandemic. Mount Sinai was amongst the various teams which participated and had the chance of fielding 2 teams the Eagles and the Cubs. The 2 teams competed against top teams amongst of which were Bishop Mackenzie who had 2 teams as well, ABC, Lilongwe Academy Good Shepherd, Bedir and others.



MSIS Eagles

Of the 2 teams which represented MSIS, the Eagles gave good account of themselves by winning all the four games which came their way without even conceding a single goal. Their goal keeper Jeromy Saidi was so vocal and inspirational to the team hence the great results. Defense was well marshalled by Ian Chinkhuntha alongside Akuzike Chithala and Warren Ziyambo. Deson Nankhuni, Famous Theula in the Middlefield as Hope Kazembe completed the great heroics as the lone striker completing the untouchable 7 at the first round. The boys won the First game against Cheetah of LPS BY 2 Goals to nil, 2-0 against Bedir, 3-0 against Cobras of BSMIS and 3-0 against Good shepherd. This was an excellent show indeed. In their final game the Eagles punished their brothers by scoring 5 goals without reply. The Eagles unfortunately finished the tournament second best overall after one loss on 3rd December 2022.



MSIS Cubs



Khayone Thobhadi a Year 2 student who played very well in the Cubs Team!



FRIENDLY MATCH

The Senior Soccer and Netball Teams also had an opportunity to play friendly matches with ABC and Paramount Academy!



2022 *class of*

The IGCSE October November Class of 2022 graduated on Friday 2nd December 2022 at the MSIS Sports Complex. It was a great day for our Graduates, Parents and School at large. Congratulations to our Class of 2022 on this great achievement!








PROM 2022

The Class of 2022 enjoyed a James Bond themed Prom night on Saturday 2nd December 2022 to celebrate the end of IGCSE. The 007 Agents came dressed in their best to enjoy a fun evening of good food, dancing and laughter with their friends and Teachers!







Cambridge Assessment
International Education

Cambridge International School

A Levels

We are pleased to announce that the School will offer the A Level course from January 2023. Our Teachers and recent IGCSE graduates are excited about the new course



“I am super excited about the introduction of A-level classes at Mount Sinai International High School. As a seasoned mathematics and biology teacher, I am more than ready and supercharged to take a person-centered approach to teach and help my students to progress in a structured, positive way. Learning maths and biology can lead to an array of diverse and exciting careers. From Medicine, economics and engineering to science and finance, the number of industries one can pursue is endless. With a solid understanding of mathematical processes and methods, many doors will open up to my students. A- Level is a chance to significantly extend one’s Mathematical and Biological knowledge. It takes a deeper look at some of the core ideas covered at I.G.C.S.E level while covering a range of new materials. Students are encouraged to gain a superior understanding of both mathematical and biological principles. Upon completion of the course, you will be a capable and competent mathematician and biologist, with a developed understanding of core principles. All of which will give you the level of competence required to progress to study at any University. A-levels are both nationally and internationally recognized qualifications that are required for entry into many university courses and professional training opportunities. It gives you a competitive advantage over those who have just done I.G.C.S.E. It offers the flexibility to explore the subjects you love and helps to get a place at college or university locally or abroad.

Mr. Y. Kwatiwani (IGCSE and A levels Teacher)

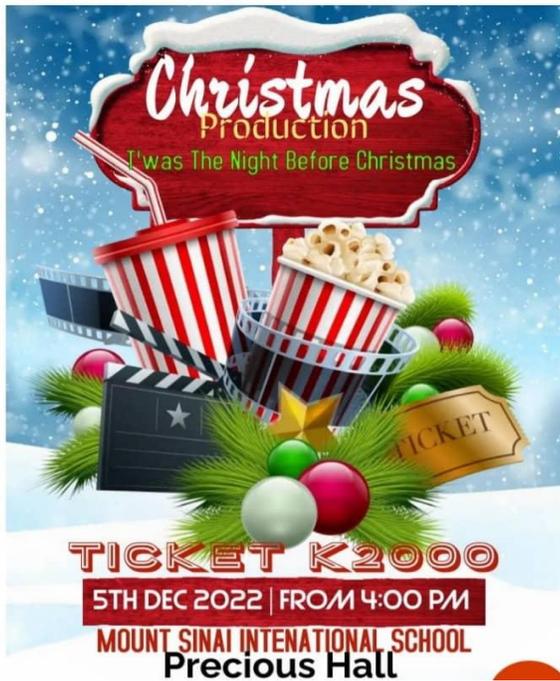


For A- level Physics and Chemistry all preparations are in order, text books, lab tools and equipment. Laboratories have been prepared to suit A- Level Science learning Environment. Lessons will be aided with projectors and practical sessions. Learners will get all the support and assurance to excel.

Mr. J. C. Ngwira (IGCSE and A levels Teacher)



“After IGCSE, I plan to pursue tertiary education, however, I do intend to do A-levels prior to my life in college. When I was informed that MSIS is offering A-levels as of January, I was astonished such that I will consider it when selecting a school to do my A-levels at. As of next year I have high expectations from the school starting with improved systems in our ICT lab. My experience with the school has been outstanding and I am a proud son of Mount Sinai International School”. **David Chinkuntha (IGCSE Class of 2022 Valedictorian and A levels candidate)**



On Monday 5th December 2022, the MSIS Senior Glee Club showcased their talents with the Christmas Production, ‘T’was the Night before Christmas’. The Glee Club worked hard to deliver an amazing performance and we would like to thank all of the Parents, Guardians and Friends that came to support them!





Glee Club Patrons





Term 2

Important
Dates

DATE	ACTIVITY
Monday 9 th January 2023	<ul style="list-style-type: none"> ➤ First Day of School ➤ Final School Fees deadline for IPP, Secondary Checkpoint and IGCSE
Monday 9 th to Friday 13 th January 2023	<ul style="list-style-type: none"> ➤ Middle School knock off at 1pm ➤ High School knock off at 2pm
Friday 13 th January 2023	➤ Deadline for 50% School fees payment for returning students
Monday 16 th January 2023	➤ Day off for Public Holiday- John Chilembwe Day
Tuesday 17 th January 2023	➤ A LEVEL COURSE STARTS
Tuesday 17 th January 2023	<ul style="list-style-type: none"> ➤ ASA start for Junior, Middle and High School ➤ Middle School knock off at 2.30pm ➤ High School knock off at 3.30pm
Tuesday 31 st January 2023	➤ Student exclusions for unpaid school fees
Tuesday 7 th February 2023	➤ Safer Internet Day
Tuesday 14 th February 2023	➤ Valentine's Day
Monday 13 th to Friday 17 th February 2023	<ul style="list-style-type: none"> ➤ MID TERM EXAMINATIONS (40%) ➤ JUNIOR, MIDDLE AND HIGH SCHOOL
Monday 20 th February 2023	➤ 100 Days of School
Friday 24 th February 2023	➤ Deadline for 100% School fees payment for returning students
Thursday 2 nd March 2023	➤ World Book Day
Friday 3 rd March 2023	➤ Day off for Public Holiday- Martyr's Day
Monday 6 th March 2023	➤ Student exclusions for unpaid School fees
Monday 13 th to Friday 24 th March 2023	➤ END OF TERM EXAMINATIONS (60%)
Monday 20 th to Thursday 23 rd March 2023	➤ END OF TERM EXAMINATIONS (60%) JUNIOR SCHOOL
Monday 27 th March to Tuesday 28 th March 2023	<ul style="list-style-type: none"> ➤ LAST TWO DAYS OF SCHOOL PROGRAM ➤ EASTER ACTIVITIES
Thursday 30 th March 2023	➤ PARENT-TEACHER CONSULTATION DAY
Monday 17 th April 2023	➤ FIRST DAY OF THIRD TERM



MERRY CHRISTMAS



MERRY CHRISTMAS